

## SISA Development Convenor Report: 2020 SISA AGM



Over the past twelve months, SISA has again seen healthy participation rates in development activities and meets. While uncertainty remains over the 2020 development program, much positive feedback was had over the 2019 development program.

Firstly, we hosted our Senior and Junior Representative squads in a weekend clinic at Wagga Wagga, facilitated by Chris Myers from Swimming NSW. This saw 38 swimmers participate in swim sessions, gym sessions, physio talks and a meet simulation at the conclusion of the weekend. This not only gave swimmers many learning opportunities and experiences, but also has proven to give them friendships of fellow swimmers around the area.

A solid attendance rate from regional coaches was also evident over this weekend. Coaches were able to mix with each other and Chris Myers to improve their knowledge. Again, a big thank you must go to Erica Beggs for assisting in organising the weekend, as well as Chris for his time and effort put into the swimmers' and coaches.

12 Junior Representative squad swimmers attended SOPAC for the JARS NSW Meet, with some fantastic swimming once again. A big thank you to Callan Kemp for his assistance as SISA Coach for the meet and to Jacinta Creighton for her help in SISA Team Manager.

Our Blue and Green squads were given the opportunity to attend a day clinic in Wagga Wagga. This was facilitated by regional coaches only, for the first time. This saw more involvement and planning by regional coaches, which allowed for further networking and knowledge sharing, as well as the chance for swimmers to get to know other regional coaches better. Thank you to all SISA coaches who assisted on these days.

Nine swimmers and ten coaches attended a National Representative Squad clinic, which was held in Wagga Wagga. This was held on the Friday afternoon and Saturday morning of the SISA Championships weekend, giving incentive for our top-level swimmers to compete in our area championships. It was exciting to have a clinic for only National swimmers held in our area. Jon Shaw from Swimming NSW facilitated this clinic, and all involved got many positive experiences out of the weekend.

Lastly, SISA saw 76 swimmers go on to attend the Speedo Finals in Sydney. There was some great swimming at this meet, congratulations to all swimmers and a big thank you to Gennadiy Labara and Adam Gammon for coaching the swimmers, as well as Kath McClelland and Mark Lake for their assistance as team managers on the day. SISA swimmers wouldn't have the fantastic experiences they have at these meets without the generosity of these people.

Thank you to everyone for being involved in another year of SISA Development, I hope to be able to provide details on what lies ahead for the remainder of 2020!

**Billy Nicholson**

*SISA Development Convenor*

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Squad	Date/s	Location/s	No. Clubs Participating	Participant Numbers			
				Swimmers	Coaches	Other	Total
SISA National Representative	31 <sup>st</sup> January – 1 <sup>st</sup> February 2020	Oasis, Wagga Wagga	8	9	10	0	19
SISA Senior Representative	21 <sup>st</sup> – 22 <sup>nd</sup> September 2019	Oasis, Wagga Wagga	5	12	9	8	29
SARS Meet	3 <sup>rd</sup> – 4 <sup>th</sup> August 2019	PLC, Woy Woy	0	0	0	0	0
SISA Junior Representative	21 <sup>st</sup> – 22 <sup>nd</sup> September 2019	Oasis, Wagga Wagga	7	26	9	8	43
JARS Meet	12 <sup>th</sup> October 2019	SOPAC, Homebush	6	12	1	1	14
SISA Club Development Days	Various Dates	Lockhart, Coleambally, Harden and Gundagai	4	80 (approx.)	20 (approx.)	0	100 (approx.)

Clubs Represented Overall - Summary	
Coaches	Swimmers
12	20